



Research Paper

## The power of the subconscious mind in realizing Material as well as divine Treasures in 'The Alchemist' by Paulo Coelho.

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**ABSTRACT-** *Our subconscious mind is like fertile soil. If you sow it with positive seeds, a positive harvest will be the result. But if negative seeds take place then negativity and failure are the outcomes. The outcome of this study shows that Paulo Coelho used the phenomenon of the subconscious mind in a different but befitting manner using Omens, the soul of the world, a conspiracy of the universe, Listening to the language of the world. When Santiago, the shepherd, traveled in the search of his treasure in the pyramids of Egypt due to his recurrent dreams. The power of his subconscious mind lead him to many divine treasures he learned in the pursuit of getting his Material treasure. 90% of mental life is subconscious those who fail to make use of it live with very narrow limits. Santiago since childhood wanted to travel so he turned to a shepherd and as he constantly fed his mind up to be rich in wealth and knowledge, his subconscious acted accordingly. Seeing his determination and perseverance the whole universe conspired to help him meet his pursuit as told by Paulo, Coelho. Because when you trust yourself(the power of your subconscious mind) to guide and direct your ways. You become calm and relax. The same happened to Santiago when he started to understand the universal language in the novel. This language is ultimately the language of your subconscious mind.*

**KEY WORDS-** *Subconscious mind, dream, treasure, universal language.*

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**Research Method-** The research method here used is *Qualitative Research*. It aims to analyze the novel 'The Alchemist' by Paulo Coelho using the point of the subconscious mind. The Primary source is Book *The Alchemist*. The secondary sources are *The power of your subconscious mind*, and internet, different research manuals. The technique used is descriptive.

**About the Author and the Book-** Paulo Coelho was born in Rio de Janeiro, Brazil. Coelho was born into a Catholic family, and his parents were strict about religion and faith. He is the recipient of various awards for his literary genius. This book is remarked as the most beautiful literary marvel that tells about extraordinary things that can happen in the lives of the ordinary.

*The Alchemist* is an allegorical novel of 161 pages. It was first published in Portuguese in 1988. It was translated into English by Alen R. Clarke in 1993 and published by Harper Collins Publishers. By 2012 it has been translated into 56 languages. It is a fable about following dreams.

**Major Revelations-** The shepherd could realize his dream for most people probably impossible to realize because he could understand the language of his subconscious mind.

### Two Objectives-

1. The novel 'The Alchemist'.
2. The power of the subconscious mind of humans based on *The Alchemist*.

**The story in brief-** This is a saga of a young boy, Santiago, in search of his personal legend. Unaware of his journey and what the future beholds for him, he set out of Andalusia to get his treasure. During the journey people, and incidents proved to be helpers in achieving his pursuit. The incident of the thief made him clear to pay attention to the signs and surroundings, gypsy acknowledged his dream of treasure, the king further assured him of treasure and taught him valuable lessons to cherish in the rest of his journey, crystal shop made his vision

clear by removing unwanted particles of dust and checked his perseverance and determination. Finally, the alchemist made him understand the language of his heart, signs, and universal language. Santiago felt, relieved after understanding all these things. Courageous acts of giving up his sheep to the king and leaving the crystal shop for his pursuit of treasure transformed him into an ilk of person he imagined only in his dreams. This was the best treasure he found in the pursuit of his dream. Thus in the end he found the material treasure as well as the divine treasures that he learned along the journey.

### **Findings of the Novel-**

1. At the very beginning of the novel, Santiago claimed that his sheep could understand his words. He felt his sheep were content with just food and water. So their days are seemingly alike they don't rely on instincts. Psychologist William McDougall was one of the first to write about the instinct theory of motivation. He suggested that instinctive behavior was composed of three essential elements: perception, behavior, and emotion. These are instincts that a man to achieve many goals in life.

2. In church, he was having recurrent dreams of treasure in the pyramids of Egypt. There was an article published some years ago about Flagler, an oil magnate, he admitted that the secret of his success was in his ability to see a project in its completion. For instance, in his case, he closed his eyes, imagine a big oil factory, saw its working, and his subconscious mind brought about its realization. If you imagine an objective clearly, you will be provided with the necessities, in ways you know not, to the wonder working power of your subconscious mind. Paulo Coelho wrote "it's the possibility of having dream come true that makes the life interesting." William James, the father of American psychology, stressed the fact that the subconscious mind will bring to pass any picture held in the mind and backed by faith.

3. His parents wanted him to be a priest. He learned Latin, Spanish, and Theology but ever since he had been a child he wanted to know the world. He met with the king, the owner of the crystal shop, the Englishman, and the alchemist and got so much knowledge about crystal life, philosopher's stone, Elixir of life because he was a constant seeker of knowledge. He realized the chain that had caused him to become everything that he needed to be to realize his destiny. He felt God reveals his secrets easily to all his creatures but people fascinated by words and picture forget the universal language. Joseph Murphy added in his book the power of subconscious mind that the law of your mind is the law of belief. This means to believe in the way your mind works, to believe in belief itself. The belief of your mind is the thought of your mind - that is simple just that and nothing else.

4. Gypsy told Santiago that if his dream was in her language she could interpret but if that is written in the language of the soul then only he can interpret that. Santiago felt if he could understand this language he could understand the whole world. The same was acknowledged by The Englishman that there exists a language of omens. In Joseph Murphy's words the infinite intelligence within your subconscious mind can reveal to you everything you need to at every moment of time and point of space provided you are open minded and receptive. You need not to acquire this power you already possess it but you need to learn How to use it.

5. The old king said, "At a certain point in life we lose control of what is happening to us and our lives become controlled by fate and it's the greatest lie". Santiago claimed to himself, "There's nothing to hold him back except himself". Here also his subconscious mind assisted him.

6. There is always a force that helps you to realize your destiny despite circumstances. If desire originates from the soul of the universe, it becomes the mission of your life. The universe conspires to help you to achieve it and People are capable of doing what they dream of at any time in their life. Joseph describes in his book that your subconscious mind never sleeps never rests. It is always on the job. It is a source of power and wisdom which places you in touch with Omnipotence or the power that moves the world, guides the planets in their course, and causes the sun to shine.

7. He realized that he had to choose between thinking of himself as a poor victim of the thief or an adventurer in the quest for his treasure. Joseph Murphy says the way to get rid of darkness is with light; the way to overcome cold is with heat; the way to overcome negative thought is to substitute the good thought. Affirm the good and bad will vanish. This is what Santiago did. He chose to be an adventurer.

8. You must always know what it is that you want from your life. The boy estimated after working in the crystal shop. He got enough money and knowledge and he started his Journey. Here also Murphy's idea of unconflicting mind appears as he says "A great many people solve all their dilemmas and problems by the play of their controlled directed and disciplined imagination knowing that whatever they imagine and feel as true will and must come to pass."

9. He always kept himself striking with the idea that motivates him to achieve his goal. He felt blessed for whatever he had and thanked God for everything. He asked himself even if he didn't get his treasure he can always go back well accomplished. Joseph Murphy in his techniques tells about two things one is impregnating the subconscious mind with autosuggestion in a brief phrase which can be readily graven on the memory and to repeat it over and over again as a lullaby. And another one is to be thankful, for thankful heart is always close to

the creative force of the universe causing countless blessings to flow towards it by reciprocable relationship based on the cosmic law of action and reaction.

**10.**The Englishman acknowledged that the fear of failure kept him from attempting his masterwork. The heart itself speaks to Santiago about its treasure. It says everyone on earth has a treasure that awaits him. Heart seldom says much about these because people afraid of failure don't go in search of them. Joseph says in his book that fear is man's greatest enemy, fear is a thought in your mind and you are afraid of your own thoughts. A famous philosopher and poet Ralph Waldo Emerson said do the things that you are afraid to do when you form positively that you are going to master your fears and you come to a definite decision in your conscious mind, you release The power off your subconscious which flows in response to the nature of your thought.

**11.**The seer also described a beautiful treasure that the secret of the future is in the present if you pay attention to your present you can improve upon your future. Joseph says close your eyes and assume your future and present to be pleasant and it will be.

**12.**The Alchemist said in the end that heart only guides those who are in pursuit of their destiny it checks the hard work, the determination and perseverance. These omens are the signals given by the subconscious mind. They are individual. They are not always logical. They are meant to guide you.

**Conclusion-** Taking the point of the subconscious mind in The Alchemist Paulo Coelho beautifully described the purpose of human life to be better with every step because when we strive to become better everything around us becomes better. And every thought is a cause and every condition is an effect. In the last, the boy told himself on the way towards his journey he had learned everything he needed to learn and experienced everything he might have dreamed of. Life is really generous to those who pursue their destiny.

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