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This certifies that the research paper entitled “सारण जिले के बच्चों के शारीरिक एवं मानसिक विकास पर संतुलित आहार के प्रभाव का विश्लेषणात्मक अध्ययन ” authored by “शिल्पा कुमारी” was reviewed by experts in this research area and accepted by the board of “Quest Journals Publication” which has published in “**Quest Journal of Hindi, Political Science and Home Science**”, ISSN (Online): 2347 – 2305, Volume-16, Issue-3, Page No.: 36-45, [May – June 2026].

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