



Research Paper

Extralingival pyogenic granuloma: Case report

H. Buckat Buckat,^(1 ;2) M. Boubacar,⁽¹⁾ L. Khalfi,⁽¹⁾ A. Benbachir,⁽¹⁾ J. Hamamam,⁽¹⁾ H. Sabani,⁽¹⁾ K. El Khatib,⁽¹⁾

⁽¹⁾: Department of stomatology and maxillofacial surgery. Hôpital d'instruction Mohammed V, Rabat.

⁽²⁾: Odontostomatology and Maxillofacial Surgery Department. Omar Bongo Ondimba Teaching Hospital, Libreville.

Corresponding author H. Buckat Buckat

Abstract: Pyogenic granuloma (PG) is a frequent cause of soft tissue outgrowth in the oral cavity, mainly in the gingiva. Extra-gingival localization remains exceptional. Its typical clinical presentation and gingival distribution in over 80% of cases [3 ;4]. This suggests a diagnosis that will be confirmed by an anatomopathological study of the excision specimen. Extra-gingival lesions are considered rare in the literature and are diagnosed late. We report the case of a 68-year-old patient with an extra-gingival pyogenic granuloma of the floor of the mouth. Surgical management consisted of excision under general anaesthetic.

The post-operative course was straightforward, and no recurrence was noted at one year follow-up.

Key words: Oral floor, pyogenic granuloma, extra gingival

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I. Introduction :

Pyogenic granuloma (PG), also known as pregnancy tumor, vascular epulis, fleshy bud or Hartzell's disease [1]. By several authors, it is a frequent benign tumor of cutaneous-mucosal origin. [2 ;1].

Pyogenic granuloma (PG) is a frequent cause of soft tissue outgrowth in the oral cavity, mainly in the gingiva. Extra-gingival localization remains exceptional.

In addition to hormonal changes during pregnancy, the main causes are local and chronic irritation, in a context of poor oral hygiene. Its typical clinical presentation and gingival distribution in over 80% of cases [3 ;4]. The diagnosis is then confirmed by an anatomopathological study of the excised specimen. Excision of the tumor has therapeutic and diagnostic value.

We report the case of a pyogenic granuloma of the oral and extra-gingival cavity.

II. Case History:

68-year-old man with a history of aorto-femoral bypass surgery under Kardégic referred by his prosthodontist to our maxillofacial surgery and stomatology department for management of a mass of the buccal floor. The lesion had appeared 5 years previously, was small, painless and progressively increasing in size. The patient consulted his prosthodontist because of the discomfort of wearing his braces and the slurred speech.

Examination of the oral cavity revealed a totally edentulous patient with a reddish, non-ulcerated, pedunculated, soft, painless tumoral mass of the floor, approximately 8 cm by 4 cm long. Image 1A In view of this clinical appearance, a tumour of the accessory salivary glands (pleomorphic adenoma) and a pyogenic granuloma were considered. On the basis of the clinical and anamnestic data, the therapeutic approach was to excise the tumour under general anaesthetic. Image B and C Histological examination of the excision specimen revealed a whitish, budding fragment measuring 8x 3x 2.5 cm.

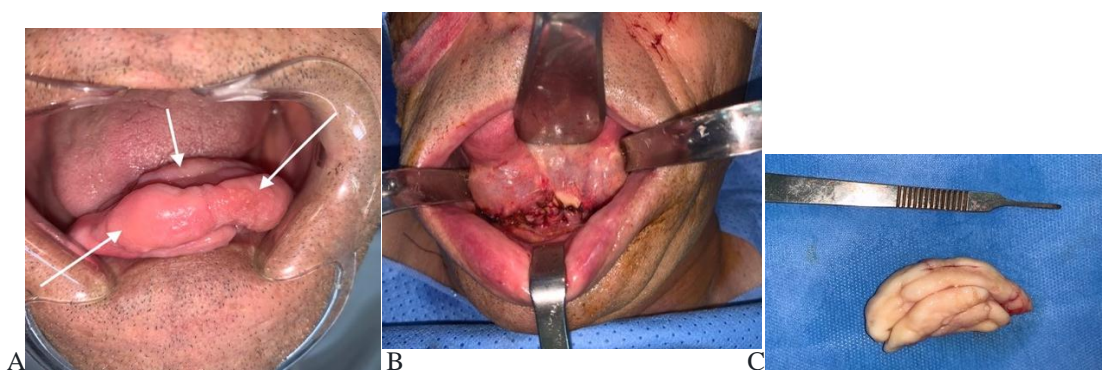


Figure 1A : clinical view of a pedicle lesion floor
 Figure 1B : intraoperative view, post excision of lesion
 Figure 1C : view of excision specimen

A cross-sectional study was carried out on a buccal mucosa surmounted by a hyperplastic squamous lining, ulcerated in places and replaced by a fibrinoleukocytic coating resting on fibrous tissue comprising reactive fibroblasts with neoangiogenesis deposited in a fan-like pattern. This tissue is richly infiltrated with neutrophils, suggestive of a pyogenic granuloma

III. Discussion :

Pyogenic granuloma (PG) is a benign lesion of the dermis found on cutaneous and mucosal surfaces. Known as botriomycoma in 1897 by Poncet and Dor, it was given the name pyogenic granuloma by Hartzell in 1904. GP can occur at any age, from birth to 88 years, according to Muench et al in 1992, with a peak around the 3rd decade and a predominance of females. Of clinical diagnosis in 80% during its typical clinical presentation and distribution in gingival sites. Extra-gingival lesions are considered rare in the literature and of late diagnosis. Clinically, GP is a nodular, red, pedunculated lesion with a soft consistency. The various sites of intraoral localization of GP are: gingiva (76%); lip (7%); tongue (5%); palate (5%); vestibule (4%); floor (0.1%). Complementary examinations such as a dental panoramic, CT scan or MRI may help in the diagnosis. The differential diagnoses of extralingival GP are numerous: pleomorphic adenomas; peripheral giant cell granuloma; peripheral ossifying fibroma; Kaposi's sarcoma; bacillary angiomatosis; non-Hodgkin's lymphoma. GP mycosis was initially the etiology evoked in GP, then abandoned. The etiopathogeny of GP remains a complex subject, as the causes of its appearance seem so varied and its development remains unexplained. (kamal et al) the most frequent hypothesis is trauma (avulsion, pre-prosthetic surgery); chronic irritation; lack of hygiene with the presence of tartar; the presence of foreign bodies such as implants; certain drugs (cyclosporin; carbamazepine). The current treatment for GP is surgical excision [5]. Other therapeutic modalities may be used, such as cryosurgery; CO₂ lasers; flash-lamp pulsed dye lasers.

IV. Conclusion :

GP is a benign tumor, and a frequent cause of soft-tissue outgrowth in the oral cavity, specifically at the gingival level. Extra-gingival localization of the oral cavity remains exceptional. The main cause is local, chronic irritation of the mucous membranes. Diagnosis of GP is clinical, confirmed by histological examination. Surgical excision is the treatment of

Conflit d'intérêt : les auteurs ne signalent aucun conflit d'intérêts

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