**Research Paper** 



# Assessment of Physico-chemical Characters of Yoghurt from Camel and Cow's Milk in Different Ratio at OOG Dairy Industry in Banadir Region-Somalia

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# ABSTRACT

Camels are the most important livestock animal in arid and semi-arid areas of Africa and Asia used for milk, meat and hides supply, as well as for transport and for field cropping. Camel milk is consumed predominantly fresh or after it turns sour. Camel milk does not coagulate easily and as a result it is difficult to make fermented dairy products such as cheese, yoghurt and butter from camel milk. The aims of this study were to observe the influence of combination of yoghurt made from camel and cow milk to physicochemical properties and sensory evaluation of yoghurt product. For this study five treatments of different ratios of camel and cow milk where used (T1:100% camel milk, T2: 75% camel milk and 25% cow milk, T3: 50% camel milk and 50% cow milk, T4: 25% camel milk and 75% cow milk and T5: 100% cow milk), physicochemical properties such total soluble solids, pH level and acidity of all treatments where measured, Syneresis (%) was measured by centrifugation at 1100 rpm for 10 minutes. Sensory characterization was performed with panelists, who evaluated the following sensory attributes: appearance, color, flavor, texture and overall acceptance. All samples showed nonsignificant in the physico-chemical properties. The syneresis of yogurt treatments ranged from 35.0 to 61.0%. Treatments containing high amount of cow milk (100% and 75% cow milk) showed the lowest syneresis values compared to treatments produced with large amount of camel milk (100%, 75% and 50% camel milk). According to sensory evaluation for appearance, color and flavor were not significantly difference for all treatments but for texture and overall acceptance the panelists were significantly preferred treatments with high amount of cow milk, and these can be solved the use of more stabilizers in yoghurts made from camel milk. KEYWORDS: Yoghurt, Homogenization, Standardization, inoculation and incubation.

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# I. INTRODUCTION

Camels are the most important livestock animal in arid and semi-arid areas of Africa and Asia used for milk, meat and hides supply, as well as for transport and for field cropping. They are well adapted to harsh conditions and capable of producing more milk for longer period compared to other domestic dairy animals (Al-Owaimer et al., 2014). The average length of lactation in the camel is 12–18 months, and the amount of milk produced per day varies from 3.5L under harsh condition to 40L under intensive management (Hashim et al., 2009). Although camels are producing only 0.3% of total world milk production, in some countries such as Somali, Djibouti, Qatar and United Arab Emirates, camels are producing approximately43.38, 41.21, 22.96 and 21.25% of their total milk production respectively (FAO, 2013).

Camel milk plays an important role in the nutrition of camel herders in the arid and semi-arid regions. The nutritional value of camel milk is basically related to its chemical composition (Mohamed, 1990).Feed and water availability can affect the chemical composition and taste of camel milk, which contains 2.9 to 5.5 % fat, 2.5 to 4.5% protein, 2.9 to 5.8% lactose, 0.35 to 0.90% ash, 86.3 to 88.5% water, and 8.9 to 14.3% Solid None Fat (SNF) (A, 2001). The mean composition of protein and nitrogen fraction of camel milk is generally similar to those of cow's milk; the average values for the casein and whey protein content varies from 1.9 to 2.3 percent and 0.7 to 1.0%, respectively. The fat content of camel milk varies greatly from 1.10-5.50% depending on the breed and feeding condition (Farah, 1991)with relation to cattle, camel milk is richin vitamin C (Kheraskov, 1961).

Yoghurt is a product of the lactic acid fermentation of milk by addition of a starter culture. It provides milk proteins with a higher biological value and provides almost all the essential amino acids necessary to maintain good health (Weerathilake, 2014)) and it can provide the body with significant amounts of calcium in a bioavailable form.

# II. RESEARCH METHODOLOGY

## General objective

The general objective of this study is to evaluate Physico-chemical characteristics of yogurt from camel's milk and cow'smilk indifferent rations.

## Specific objectives

- To describe the manufacturing of yogurt from camel milk and cow milk at different rations.
- To determine the physicochemical properties like PH, acidity and total soluble solids of the yogurt produced.
- To evaluate the sensory analysis of the yogurt, produce,

## Significance/importance/justification

Due to the claims that camel milk is better than cow's milk, getting other camel milk products such as yoghurt benefits the market of camel milk which is more available in Somalia, thus the study will focus to improve camel by producing yoghurt combined with cow milk.

## Scope of the study

This is study focused only on the production of yoghurt from different ratios from camel and cow milk and their combinations and analyzing some physicochemical parameters available in lab. The study also conducted sensory evaluation of the processed yoghurt.

## **Research design**

Complete randomized design single factor is used in this study. This study was focus on Assessment Physico-chemical character of yogurt from camel's milk and cow's milk in different ratio OOG dairy industry in Benadir region-Somalia. In this study, the researchers used experimental research design to know the role Physico-chemical character of yogurt from camel's milk and cow's milk in different ratio.

For this study five treatments of different ratios of camel and cow milk where used (T1:100% camel milk, T2: 75% camel milk and 25% cow milk, T3: 50% camel milk and 50% cow milk, T4: 25% camel milk and 75% cow milk and T5: 100% cow milk).

The five treatments were added ingredients such us Skimmed milk powder: 15%, Stabilizer pectin: 0.08%, Starch: 0.5% and culture bacteria.

Study area: This study is executed in OOG industry located at SIINKA DHEER near Banadir region, Somalia.

## III. MATERIALS AND METHODSRaw Milk

Fresh cow and camel milk which is the main ingredient for manufacturing yoghurt was obtained from OOG Livestock Farm, Afgoi, Somalia, at early in the morning and transported to the laboratory of OOG dairy factory for processing and analysis.

## Skimmed milk powder

Skimmed milk powder which is spray dried milk and used generally to increase the total solids in raw milk to achieve the desired yoghurt mix was obtained from the local market.

# **Bacterial Starter Culture**

Yoghurt starter culture YOLK FLEX (YF-L811) which contains lactic acid-producing bacteria, Lactobacillus bulgaricus and Streptococcus thermophiles manufactured by Chr. Hansen, Denmark was bought from Promaco ltd. Kenya which is an authorized supplier of Chr. Hansen in east Africa.

## Low-Methoxy Pectin

Low-Methoxy (LM) pectin is the preferred type for (refrigerated) cup yogurt. Very small amounts modify the Stabilizer pectin : (0.08% = 1.6gr).

## **Modified Starch**

Starch is used in yogurt to increase its viscosity, improve its mouth feel, and prevent syneresis. Modified Starch E1442 was bought from Promaco ltd. Kenya.

## The equipment's and devices to produce and analyze after the production will include:

Mixer or blender, Batch pasteurizer, Temperature sensor, Water bath for cooling, Incubator, Refrigerator and Thermometer

## Milk samples

Fresh camel milk was obtained from local dairy camel farms and fresh cow milk was obtained from animal production department dairy farm, Fresh milk Samples were taken by clean plastic containers to OOG dairy industry for determination of physico-chemical component. Skimmed powder milk was obtained from local market.

## **Methods Yogurt**

Five samples of yogurt were be prepared at different ratios of pectin and modified starch and with the addition of stabilizers as shown in table below:

% of cow/camel milk	Camel Milk	Cow milk
Yoghurt Samples		
Sample 1 (Control)	0%	100%
Sample 2	25%	75%
Sample 3	50%	50%
Sample 4	75%	25%
Sample 5	100%	0%

Table 3.5.1: Ratios of addition of the cow and camel milk to the prepared yoghurt samples.

## **IV. RESULTS AND DISCUSSION**

## Physico-chemical analysis of yoghurt processed from camel milk

Physico-chemical properties of yoghurt produced from camel milk was on pH, acidity and Total soluble solids (Table 4.1). The pH was observed ( $4.01\pm0.02$ ) followed by Total soluble solids (TSS) Brix ( $14.05\pm0.5$ ) and Total Acidity Value ( $0.60\pm0.02$ ).

Physico-chemical analysis	Produced yoghurt MEAN+SD*
Total soluble solids (TSS)Brix	14.05±0.5
рН	4.01±0.02
Total Acidity Value	0.60±0.02

#### Table 4.1 some Physico-chemical properties of yoghurt produced from camel milk

\*Values are means of triplicate determinations

## Synersis

As shown in Table 4.2 below, syneresis of yogurt samples after centrifugation ranged from 35.0% to 65.0%. A sample containing less camel milk shows the lowest syneresis values compared to treatments with 100%, 75% and 50% of camel milk. Yoghurt made from 100% and 75% cow milk significantly (p<0.05) has less syneresis.

## Table (4.2) Mean syneresis values

Sample	Syneresis %	
T1: Camel [100%]	65.0a	
T2: Camel [75%] Cow [25%]	50.0	
T3: Camel [50%] Cow [50%]	50.0a	
T4: Camel [25%] Cow [50%]	35.0b	
T5: Cow [100%]	35.0b	

\*Means within a column with different superscript are significantly different (p<0.05).

## Sensory evaluation of yoghurt produced from camel milk

The sensory evaluation of pure and mixed camel and cow milk yoghurt treatments wereon color, appearance, flavor, texture, and overall acceptability, but had no significant (P < 0.5% level) recorded on the color in table (4.3).

The best value for taste, flavor, smell, texture and overall acceptability were obtained byyoghurt made from pure cow milk followed by the (Treatment 1 camel milk 100%), then (Treatment 2 Camel milk 75% and cow milk 25%), then (Treatment 3 Camel milk 50% and cow milk 50%), then (Treatment 4 Camel milk 25% and cow milk 75%) and the last one (Treatment 5 of cow milk 100%).

Sample	<i>Treatment 1</i> Camel milk(100%)	Treatment 2 Camel milk (75%)and cow milk (25%)	<i>Treatment 3</i> Camel milk (50%)and Cow Milk (50%)	Treatment 4 Camel milk (25%)and Cow milk (75%)	Treatment 5Cow milk (100%)
Appearance	2.5a	2.7a	2.0a	2.7a	2.5a
Color	2.3a	2.1a	2.1a	2.1a	1.9a
Texture	4.5a	3.7ab	2.6ab	2.0a	1.8a
Flavor	3.00a	3.00a	2.10a	2.40a	2.70a
Overall Acceptance	2.3b	2.6ab	2.2b	2.8ab	4.1a

#### Table 4.3: mean values of sensory evaluation

\*(a, b) Values with same index are not significantly different at P < 0.5% level.

## V. DISCUSSIONS

The Physico-chemical properties of yoghurt produced from camel milk was on pH, acidity and Total soluble solids (Table 4.1). The pH was observed  $(4.01\pm0.02)$  followed by Total soluble solids (TSS) Brix (14.05±0.5) and Total Acidity Value (0.60±0.02).

The average titratable acidity of camel milk yoghurt observed in the present study was higher than the value (0.78%) reported by Bhagiel, Mustafa, Tabidi, and Ahmed (2015) for camel milk (Al-Zoreky, (2015))reported a pH value of 4.59-4.63 and a titratable acidity of 0.71-0.87% lactic acid for camel milk yoghurt produced in Saudi Arabia.On the other hand, (Hashim, 2009). The average total solids (TS) content of camel milk yoghurt observed in the present study was higher than that reported by (Bhagiel, (2015) and Bashir, (2009)).

Syneresis of yogurt samples after centrifugation ranged from 35.0% to 65.0%. A sample containing less camel milk shows the lowest syneresis values compared to treatments with 100%, 75% and 50% camel milk. Yoghurt made from 100% and 75% cow milk significantly (p<0.05) has less syneresis. (Al-Zoreky and Al- Otaibi, 2015) Reported camel milk still fails to produce a gel-like structure for yogurt even by addition of different types of stabilizers and that camel milk is poorer in  $\kappa$ - casein and lacks  $\beta$ -lacto globulin proteins which are rich in cow milk.

#### VI. CONCLUSION AND RECOMMENDATIONConclusion

The present study showed that the yoghurt treatments made from camel milk and combinations of camel and cow milk were not preferred well by the panelists due to the limited awareness of yoghurt to Somali community. But the holding of water or syneris is good at yoghurt made 100% and 75% cow's milk, where treatments with only camel milk were showed the highest syneris.

#### **VII. Recommendations**

- This study noted that the panelists were not preferred well the whole yoghurt because of limited aware toyoghurt and most of other dairy products specially fermented milk products, thus
- We recommend to do study on the awareness of dairy products such as yoghurt, cheese, butter etc. In Somalicommunity.
- We also recommend more research studies on utilization of camel and cow milk products
- It is recommended that yoghurt be made from camel milk ratios, but the optimal levels are 100% and 75% cow'smilk of the overall milk.
- More research is needed to rule out the possibility of camel milk yoghurt being mixed with milk from otheranimals.
- Supporting the manufacture of camel milk dairy products.

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