



## Sustainable Economics and Ecology

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### Part- 1:

Most of important dietary products for human consumption, like; Sugar, Oil, Ghee & Milk available in markets worldwide are being produced in factories.

Sugar is produced from Methane gas, which is a petroleum product. Methane gas is converted to Formaldehyde at large scale & that Formaldehyde is supplied to Sugar mills, where it is converted into Sugar.

White oil or Paraffin oil, which is derived from Crude petroleum in Petroleum refineries, is mixed in Ghee or Edible oil to a quantitative proportion above 80%. Original Ghee derived from milk or original Edible oil derived from Oil seeds is less than 20% in quantity of the total Ghee/ Edible oil available in markets. In many cases adulteration is up to 100%, wherein only lab made Fragrance like Ghee or Specific edible oil is added to this petroleum oil.

Most of the Milk sold through organised dairies is adulterated with large proportion of Calcium based salts or Starch. Original fat content of existing small portion of real milk is also removed. Even premium milk, sold by these dairies, is a solvent of such chemicals & paraffin. 'Whole real milk' is not at all sold.

Packaged spices sold in the market are either prepared after removing their essential oils or are adulterated with other similar materials. Lab made Fragrances are added to these commodities.

Consumption of natural Sugar produced from Sugar cane (or such other Vegetable source) by a Human being results in its complete digestion, with help of Insulin produced from pancreas. But contrary to it, Sugar produced from Formaldehyde is not easily digested by our body. Responding to this, our pancreas produces more & more insulin, but still the Sugar is not digested. This phenomenon leads to the failure of Pancreas. This is how an earlier unknown disease of 'Sugar' is born.

Ghee extracted from real Milk or Oil extracted from Edible oil seed is easily digested in Human body. Contrary to it, White oil or Paraffin oil is not digested completely by the human body. Its consumption creates unwanted Fat in Human body. This Paraffin oil is deposited inside the inner layer of our Blood vessel, thereby diameter of Blood vessels is reduced. This phenomenon has created an earlier unknown disease of 'Blood pressure'. Our heart needs to work extra to push Blood through Vessels of reduced diameter. Ultimately, Heart gives up & this phenomenon is named as 'Heart attack'.

Our Kidneys are not designed to filter unwanted Chemicals like Calcium based salts, consumed through such adulterated foods, so they give up. Kidney stone is nothing but a salt of calcium. This is how the disease of 'Kidney failure' is created.

Our body must fight extraordinarily to overcome unwanted Chemicals consumed through such adulterated foods, as explained above. This phenomenon leads to earlier unknown disease of 'Cancer'.

Every patient with a disease must visit a doctor. The Medicines administered by doctors are mostly derived from Benzene. Benzene is again a Petroleum product. Though the medicines are tested before they are marketed, but these experiments are limited to their short-term effects. Long term impacts of such medicines are either not studied, or their consequences are intentionally ignored.

The way Sugar or Oil derived from Petroleum is harmful for our body, Benzene is also harmful in the same manner. Some harmful impacts of it may be observed in later part of Human life but other such impacts through DNA will be visible only after generations to come.

Replacing such artificial products by natural products 'grown on Plants' or 'extracted from Animals without harming them' is the only solution. Another solution is reducing overall intake of Sugar/ Ghee/ Oil/ Milk/ Spices. Society must be properly & sufficiently educated regarding this.

Again, there must be a compulsory marking in large fonts on all such products meant for Human/ Animal consumption, mentioning "PETROLEUM PRODUCT, DANGEROUS FOR HEALTH" or "CALCIUM BASED EMULSION" & "ARTIFICIAL FLAVOURS ADDED".

### **Part-2:**

Principle: A diluted natural Poison is a Medicine. Little concentrated Poison is a drug & Fully concentrated Poison is a Poison.

Homeopathy medicines are far better medical solutions than above stated manufactured medicines, both in terms of effectiveness & long-term health of patients.

Existing medical system must be replaced with Homeopathy medicines or such other named or unnamed medicines with similar methodology.

### **Part- 3:**

In some Countries like India, Technical education is being offered based on merit/ Examination. But a large portion of seats for such education are allotted based on hefty fees or reservation. This kind of allotment of seats based on money or reservation prepares an army of unfit professionals. This exercise not only breaks the morale of able aspirants but also crumbles the whole Society itself.

Similarly, in countries like India Government jobs are offered based on specific examinations & reservation. It is observed that examinations meant for important jobs are full of questions asking meanings of different kinds of English words. The English words used in such examinations are never taught through the education required for such jobs. These difficult English words are only useful for such examinations only, as they are never used again during the term of the Job. In fact, such difficult words to be appearing in these examinations & their meanings are intentionally transferred to specific groups of job aspirants favourable for existing Government or its officials or for money before the actual exam. Unfit executives selected out of such fraudulent examinations or based on reservation are not only an inefficient workforce but are the root cause of corruption and favouritism.

Proper solution for providing appropriate Education & Job/ Profession to new generation is as below-

1. Let people indulge in education/ profession/ job based on their hereditary profession. This will be helpful because the new generation will naturally learn skills required for their work at home itself from their previous generation. But this cannot be a solution for every offspring, as somebody may have some special traits.

2. Horoscope of every baby must be prepared & maintained. His education/ job/ profession must be decided by his suitability for such education/ job/ profession as read from his Horoscope. His physical/ behavioural traits must be verified with what is reflected in the Horoscope, before making a final decision. A transparent mechanism must be maintained for proper implementation of such a system.

A combined implementation of above two methods must be adopted for deciding future job/ profession of a child, wherein 40% weightage may be given to above option No. 1 & 60% weightage be given to above option no. 2.

### **Part- 4:**

Currently the existing economic system is just a superficial painting, hence it may look nice, but it cannot survive for a long term. It is destroying the roots of Agriculture by introducing Hybrids. Instead of Animal Husbandry, the current system is promoting Slaughter of Animals. Manufactured food/ medical products are going to destroy Humanity itself. When there will be no healthy society, this economy will automatically collapse.

Natural Agriculture & Animal husbandry are the real pillars of a sustainable Economic system & sustainable Ecology. They can provide everything required for the long term survival of the Human race. This is how an economic system based on Natural Agriculture & Animal husbandry is the only solution sustainable for the long term.

Implementation of above solutions will provide better job satisfaction to every individual of the Society and ultimately it will create a happy, healthy & harmonic Society.