



Research Paper

A comparative study on the narcissism and personality among the volley ball players and foot ball players

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Abstract: *The narcissistic personality and its obsessive desire for control is not about control just for control's sake, but an essential defense against the risk of receiving a narcissistic injury; a blow to the ego or Self-esteem. The narcissistic personality comprises of a defense that works incessantly to prevent others reminding the narcissist of his feelings of inferiority, inadequacy and worthlessness, which lower his self-esteem. Thus the present study was conducted; comparative study on the narcissism and personality among the volleyball and football players, the study was initiated by randomly selecting a sample of 150 football (75) and volleyball (75) players. Data was collected through a Narcissism personality test prepared by Ruskin and Hall and analyzed through statically techniques like 't' test. It was concluded that football players were perceived to be much higher in narcissism and also personality test than volleyball players.*

I. Introduction

Narcissism is a psychological condition characterized by self-preoccupation, lack of empathy, and unconscious deficits in self-esteem. The narcissistic personality manifests itself in the narcissist's behavior. He (or she) will seek to dominate every individual and every group with which he interacts. Narcissism occurs in the workplace at almost every organization, usually at or near to the top. The narcissistic personality and its obsessive desire for control is not about control just for control's sake but an essential defense against the risk of receiving a narcissistic injury; a blow to the ego or Self-esteem. The narcissistic personality comprises of a defense that works incessantly to prevent others reminding the narcissist of his feelings of inferiority, inadequacy and worthlessness, which lower his self-esteem. The stealth methods used by narcissistic leaders and managers can create emotional turmoil for those around them. Name calling, talking down to employees, sexual harassment, disinformation, using the 'silent treatment' for those who have slighted him are just some examples of the subtle controlling techniques that gradually but consistently erode a normal workplace into one that is cancerous. And Dr Bruce Gregory stated, '... many people have the fantasy that if they try hard, 'do it right,' be reasonable, logical, and have goodwill and a team approach, these factors will generate a positive outcome in interpersonal or group settings. This is about as deep a fantasy as one could possibly have, as it is not based in reality. What is this? It is ...because a narcissist's survival is dependent upon having control, or the perception of control. When this control is challenged, he feels threatened and responds as though his very survival is at stake. Over time, a narcissist will create an emotionally hazardous work environment for the non-narcissist. He (or she) will surround himself with codependents/enablers/followers. If he is high enough up the organization, he will appoint them. If he can't appoint them, he will make life so difficult for those who don't subscribe to his 'worlds view' (or tacitly accept it), that they will leave. The narcissist will eventually end up surrounded by individuals who play the pathological reciprocal role that his behavior typically induces. This study may bring out information about the narcissism personality of volleyball players and football players.

Statement of the Problem: A comparative study on the narcissism and personality among the volleyball players and football players.

Aims and Objectives of the study

1. To study comparison between the narcissism among the volleyball players and football players.
2. To study comparison between the sports personality test among the volley ball players and football players.

Hypotheses of the study: There is significant difference between narcissism among the volleyball players and football players. There is significant difference between personality test among the volley ball players and football players.

Research Design: In this present study researcher has selected 150 players from Hyderabad Karnataka region. Out of total 150 players, 75 football players and 75 volleyball players were selected. The standardized tools were used Ruskin and Hall Narcissism personality inventory and C.D. Spielbrger (Indian adoption by L.N. Dubey) scale for Sportsman Personality test.

Data analysis technique: In the present study to reach the stated hypothesis and to test the framed statistical hypothesis researcher calculated mean, standard deviation (S.D) and mean differences between the variables is calculated using ‘t’ test.

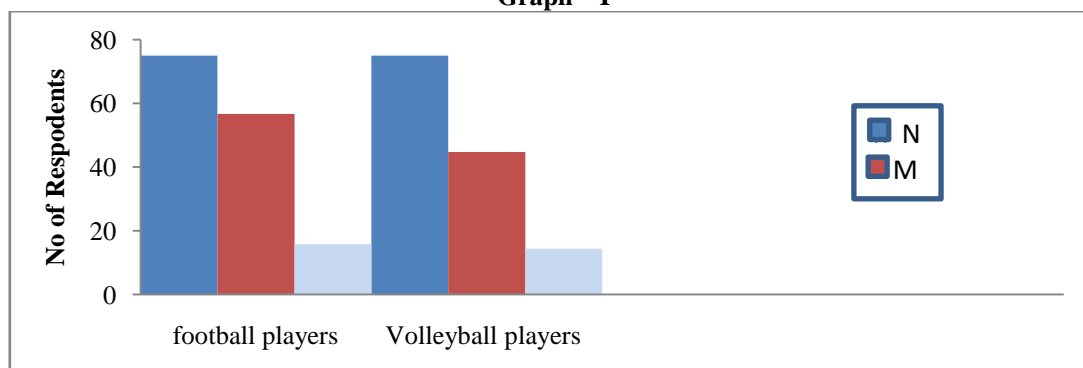
Table – 1: Mean, S.D. and ‘t’ ratio difference between football and volleyball players in their narcissism

Variable	Group	N	M	SD	‘t’
Narcissism	Football players	75	56.7	15.77	3.92**
	Volleyball players	75	44.7	14.36	

**Significant at 0.01 level

The above table reveals that the mean, SD. and ‘t’ ratio of football players and volleyball players narcissism personality scores. Here, the obtained mean and S.D. of football players 56.7 and 15.77 respectively. Similarly mean and SD. of volleyball players is 44.7 and 14.36 respectively. That means there is significant difference between the obtained scores in narcissism personality among football and volleyball players. Through high amount of deviation is seen in football player’s scores compare than to volleyball players. Hence the hypothesis was accepted.

Graph – I

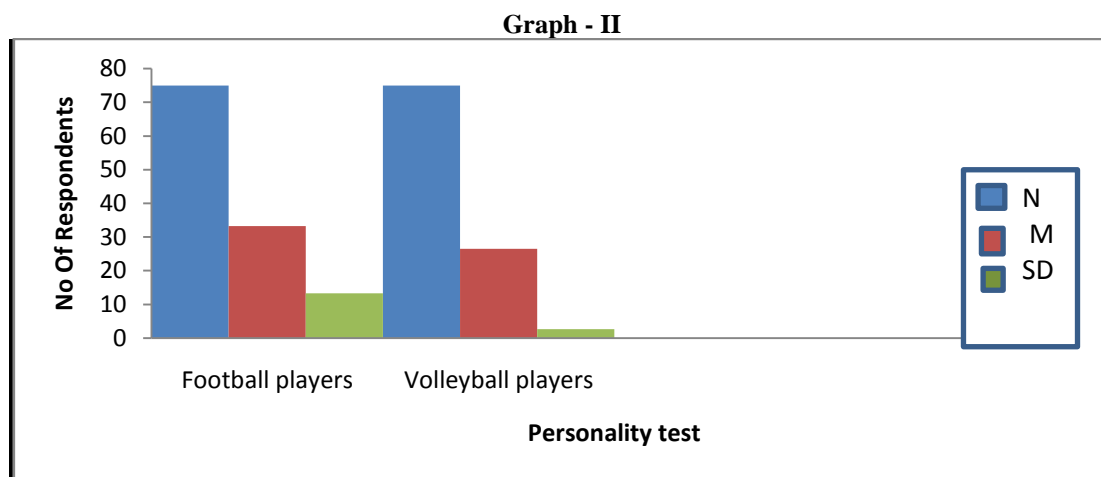


Mean, S.D. and ‘t’ ratio difference between football and volleyball players in their personality test

Variable	Group	N	M	SD	‘t’
Narcissism	Football players	75	33.3	13.3	5.03**
	Volleyball players	75	26.5	2.69	

**Significant at 0.01 level

The above table reveals that the mean, SD and ‘t’ ratio of football players and volleyball players personality test score. Here, the obtained mean and S.D. of football players is 33.3 and 13.3 respectively. Similarly mean and SD. of volleyball is 26.5 and 2.69 respectively. That means there is significant difference between the obtained scores in personality test among football and volleyball players. Though high amount of deviation is seen in football player’s scores compare than to volleyball players. Hence the hypothesis was accepted.



II. Findings:

There is significant difference between narcissism among the volley ball players and football players. There is significant difference between personality test among the volleyball players and football players.

III. Conclusion:

It was concluded that Narcissism is an erotic pleasure derived from contemplation or admiration of one's own body or self. Especially as a fixation on or a regression to an infantile stage of development. Narcissism is an attribute of the human psyche characterized by admiration of oneself but within normal limits. Hence football players were perceived to be much higher in narcissism than the volleyball players. Part of the perceived difference is likely to be stereotypic, but a portion is real future research might systematically investigate both perceived and self-reported narcissism in different sports, particularly those that vary in physical aggression. The present finding of elevated narcissism in football players should also be replicated in various settings with large sample sizes for players at different stages of their sporting careers. Finally, because narcissism may be encouraged when volleyball players are in the public or media spotlight, it should be investigated in different cultures that favor different sports.

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