



Research Paper

## Human Behaviour

Suresh Kumar Pareek

Corresponding author's email: [pareek.sureshkumar@gmail.com](mailto:pareek.sureshkumar@gmail.com)

Received 07 Dec., 2025; Revised 15 Dec., 2025; Accepted 18 Dec., 2025 © The author(s) 2025.

Published with open access at [www.questjournas.org](http://www.questjournas.org)

A Human being need to breath, to drink water & eat food for sustaining his life. A Human's life is for a limited duration. To maintain continuity of human race, reproduction is essential. So, for the sake of sustenance & continuance of the life itself, these four things- breathing, drinking, eating & reproduction are basic requirements. For fulfilment of these basic needs, the Nature has given us Basic instincts- feeling need for breath (which is more or less automatically regulated, through expansion & contraction of Lungs), feeling thirsty, feeling hungry & instinct for sex. These instincts for intended actions are regulated by our body through release of chemicals/ pheromones. The release of these chemicals differs on the basis of age of a person. At the same time, there is a variation in quantum & frequency of release of these chemicals from person to person. The nature has made everything pleasurable for us. Like, taste buds are provided on our tongue for enjoying whatever food we eat. Similarly, a feeling of pleasure is designed by the Nature, through release of other type of chemicals during intercourse. Since, first three actions are for sustenance of day-to-day life & hence are critical. Hence these three are not much criticized, but the case for the fourth is not the same. Some scriptures have declared it as the best game, elsewhere it is declared as a Sin & otherwise it is seen as a casual thing for homely (Grihastha) life. Animals do indulge in sex very rarely, as is observed in the case of animals like- Dogs, Cows. This act is cyclic in their life & is based on their reproduction cycles. But, in case of Humans, pattern of intercourse is not bound by any definite time cycle of fixed duration. In fact, any action in our life is predefined & is coded in our DNA (Atma). Our DNA is product of two distinct things, first RNAs acquired from our parents & second the Time during meeting of RNAs. Here, word Time refers to combined positions of Nakshatras, Sun, Moon, Planets & nodes of Moon (Rahu & Ketu) as observed from the place of Intercourse. Selection of RNAs for fertilization itself is also bound by the Time. Among many Sperms, racing for the game of fertilization of Egg, one whose time is right does win the race. Hence the Time is more prominent factor. Time of our birth itself is guided by the Time of intercourse. Over & above RNAs & Time of intercourse/ birth, the Earth (Krishna/ Christ) itself guides our DNAs on every minute-to-minute activity. But the broader framework of our life is defined at the time of meeting of Parental RNAs itself. Cycle of time, as is generally stated, is not absolute zero. Means that things do not come to the exact starting point itself after completion of a cycle. The Cycle is actually a pattern of Spirals, like a Spring. This is because our Sun moves forward, orbiting the Galactic centre & our Earth orbits the Sun. The even shaped Spring is also not exact answer. This is because points of aphelion & perihelion of the Earth moves over a period of time, hence the Spring of time is oval in its shape & these ovals make an interwound spiral within the existing spiral, with respect to its Y- axis. Even this does not define the time exactly. As observed in case of orbit of the Moon around our Earth, Moon moves above & below between points of Rahu & Ketu, with respect to Earth's orbital path around the Sun. Rahu & Ketu are also moving. Similar is the case with Earth's orbital path around the Sun, wherein the Ecliptic itself changes its orientation, similar to movement of Nodes around the Earth. Hence a third interwound spiral is introduced in the original Spiral & this one is with respect to Z- axis. Orbits of other planets also follow this kind of pattern of triple interwound spirals. Shape of our DNA is inspired by Celestial activities. Hence, 'curvatures & angles in Spiral shape of our DNA' are better factors in defining our behaviour than 'human to human variation in chemical bonds within the DNA'. The DNA is the 'Me' within ourselves. Other than 'Basic instincts' & 'Me', there is a third factor in defining our behaviour & that is 'Society'. Our society, in the form of Beliefs, Teachings & Social values introduce an important third part in our behaviour. So, the Behaviour of a person is interwoven filament made of 'Basic instincts' & 'Me' & 'Social values. For example- A hungry person is served good food & at the same time he finds a Poor hungry person begging for food. Based on above three filaments, within him- 1. He may ignore the Begger & continue consuming the Food. 2. He may give up a part of the Food for the Bagger. 3. He may give up that food completely for the Begger. In other example, when there is an aroused instinct for

Sex in a person & at the same time there is an offer for sex from opposite but restricted source (other than Spouse). The person may- 1. Indulge in the act of Sex, itself. 2. Indulge in just provocative talks. 3. Ignore the offer & directly refuse, in straight words. The person selecting 1st option from both of above two examples, develops as a materialistic person. One who selects 2nd option in 1st example, becomes a person of good stature & by selecting 2nd option in 2nd example, he becomes a person of low character. One who selects 3rd option from above two examples becomes loved one of the God. The God starts interacting with him directly or indirectly & becomes guide for him.

Since all the characters are inspired by the God only, in fact there is no actual sharp parameter for defining character of a Person. Ability for long term sustenance of the results of one's actions is important. Intension for long term sustenance of the results is even more important than ability. If more than one being are 'involved in' or 'affected by' such action, then consent/s of other being/s along with their respective intension/s & ability/s for long term sustenance of results of their 'deeds' or 'intended deeds' are equally important. Non adherence to performance of his/ her duty by any person 'to sustain such results of his actions' must be appropriately punished. Performance of duty by given person 'to sustain such results' by using his/ her ability (as at current time) & level of his/ her current intension (when compared to original intension at the time of action) should be criteria for judgement on quantum of punishment, in this regard. Separate laws for 'Human to Human' cases & 'Human to Animals' cases must be enacted. Laws on such matters must be constructed under directions of Saints. Performance of Judiciary 'in the form of implementation of laws' must be under observation of Saints. Judges not adhering to the norms set by Saints, must be appropriately punished.

Now a question arises, where exactly is the God. The exact answer for this question is with the God himself. But we may put our argument. Actually, this universe is made of two things Space (Aakash) & Matter (Tatva). The Space can be considered as an empty Place, defining directions. The matter may be in the form of Plasma or Energy or Physical matter itself residing within Laniakea or Rudra River. Everything from an Electron to a Galaxy is made from Tatva. Major concentration of Tatva resides in Stars & Planets or similar objects. Contrary to it, *Aakasha* is just a place. Practically speaking, there is no empty Space in itself. The Space is either filled up with a dilute state of Matter, that is Plasma or it is occupied by a concentrated state of Matter, in the form of Stars etc. Movement of Stars & Planets within the Space creates Time (Kaal). Here, a Celestial object (Matter) is the point, with help of which we can measure the Time as a Displacement, but inclusion of Directions (Space) makes Displacement definable, in the form of Velocity. Imagination of God beyond Matter, Space & Time will be just an unnecessary exercise. To localize our understanding within Earth- Moon system. The Earth & the Moon are the Matter, the empty Space (though it is filled with different concentrations of Plasma) is the *Aakasha* & Velocity of the Moon with respect of Nakshatras defines the Time. The Nakshatras are also 'Matter' distributed in various forms. Here Rahu & Ketu are points which are not a matter, but still, they guide actions of Living beings including Humans. In fact, Rahu & Ketu are points of interaction of 'flow of Solar plasma directed towards Earth' & 'Plasma flowing from Earth's Magnetic equator, between northern & southern parts of Van Allen belts & directed towards lunar orbital path'. Here, Van Allen belts directs flow of Plasma ejected from the Earth. Hence, Nodes of the Moon are points of higher concentration of Plasma (a Matter). So, Rahu & Ketu are points of merger of energies of the Sun & the Earth. With this, it clear that everything that guides our behaviour, be it Nakshatras or Sun or Moon or Planets or Node of Moon, all are Concentrated forms of Matter. So, guiding power resides within the Matter. Matter exists in some or other 'Form'. But, role of Space cannot be under ruled, as it holds the Matter & makes us identify Direction & hence along with Matter it makes us identify the Time. When we have to decide only one out of available options, as the point from where the Gods actions impact us, then the Matter is the final answer. Hence, we can conclude that the God has a shape & he lives within *Aakasha*. We Humans are a part of the God & we live within him & are guided & directed by him. Even in the case of working of electronic devices, which runs on the basis of flow of Electrons & Holes (perceived Protons), they are able to perform due to presence/ absence of Electrons, which are a Matter. A '*Mrig marichika*', a perceived presence of water (which is actually not there) in a desert, is perceived due to presence of Sand, air & Sunlight, which are all Matter. There is a conflict in thought amongst astrologers about selection of main guiding Celestial object, whether it is the Sun or the Moon. The Sun is source of energy for the Earth, whereas the Moon defines flow of energy from the Earth itself. The sun is too large, but the Moon has higher gravitational influence on us. The apparent size of both of them is almost the same. It is like, selecting of one among Parent & Child. Child, definitely requires more love, but it is the Parent who can show us right direction. Child can be owner of 'Manas', but source of 'Atma' is Parent. So, the Sun must be preferred, from the point of view of Astrology. Collective behaviour of a Society or a Nation as a whole, is a very important factor. National behaviour is applicable in the form of its Laws, Strategies & Policies. Laws & Policies of a Nation must be finalized only after final approval from Saints. Similarly, Strategic decisions & decisions beyond Policies of a Nation must be finalized after approval from Saints.

Here, definition of 'a Saint' is beyond those who are marketing & advertising existing Government or its opponents. A true Saint is one who is praised by those who observe austerities. A true saint is connected with the God; hence he is able to receive directions from the Divine. Thereby He can guide Governments by making appropriate changes in the Laws, Strategies & Policies being enacted. Such refined Laws, Strategies & Policies will definitely be sustainable in long term & will help in building a healthy Society.